

## RECITE 3 TIMES AFTER FAJR

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ عَدَدَ خَلْقِهِ ، وَرِضَا نَفْسِهِ ، وَزِنَةَ  
عَرْشِهِ ، وَمِدَادَ كَلِمَاتِهِ. (3x)

*ALLAH IS FREE FROM IMPERFECTION AND ALL PRAISE IS DUE TO HIM, (IN WAYS) AS NUMEROUS AS ALL HE HAS CREATED, (AS VAST) AS HIS PLEASURE, (AS LIMITLESS) AS THE WEIGHT OF HIS THRONE, AND (AS ENDLESS) AS THE INK OF HIS WORDS.*

JUWAYRIYAH BINT AL-HARITH رضي الله عنه REPORTED: THE PROPHET صلى الله عليه وسلم LEFT (MY HOME) IN THE MORNING AS I WAS BUSY IN PERFORMING THE DAWN PRAYER. HE CAME BACK IN THE FORENOON AND FOUND ME SITTING THERE. HE صلى الله عليه وسلم ASKED: 'ARE YOU STILL IN THE SAME POSITION AS I LEFT YOU?' I REPLIED IN THE AFFIRMATIVE. THEREUPON THE PROPHET صلى الله عليه وسلم SAID: 'I RECITED FOUR PHRASES THREE TIMES AFTER I LEFT YOU. IF EVERYTHING THAT YOU HAVE SAID TODAY WAS PUT IN THE SCALES, [THE ABOVE] WOULD OUTWEIGH IT.'"

(MUSLIM)